About Laura

Laura Chandler is a writer, poet, and award-winning songwriter. She has worked in publishing, music, and video production, and alternative therapies. Laura is the co-founder and Executive Director of the Foundation of the Sacred Stream, a school for consciousness studies in Berkeley, CA, and is lead instructor for many of its classes. Laura’s music has appeared in film and television, and in 1998 she opened her recording studio and publishing company, Red Cow Records and Music Publishing. She has published numerous articles, and co-authored the acclaimed book, Coming to Peace, which reached #1 in Religion and Spirituality on Amazon.

Sacred Stream Radio Podcast

Laura’s work with the Sacred Stream focuses on the preservation of important ideas, traditions, and practices that contribute to the healing of the earth and the awakening of humanity to a more peaceful and compassionate existence. To this end, she has established several archival projects in both video and audio. In 2017, she began the Sacred Stream Radio Podcast, a free monthly podcast series that features interviews with thought leaders, artists, healers, and other interesting humans. Currently available in over 60 countries, her guests have included Thupten Jinpa (scholar, author, and principal English translator for H.H. Dalai Lama), Barbara Higbie (Grammy nominee), Margarita Melville (former nun and Catonsville 9 activist), and Robert Thurman (Buddhist scholar and bestselling author).

Laura Chandler

“Laura is a deeply thoughtful and articulate advocate for consciousness.” - Isa Gucciardi, Ph.D., Sacred Stream Founding Director

“Coming to Peace is just the ticket for these challenging times! It is both easily accessible and profoundly transforming. I heartily recommend this book.” - Robert A.F. Thurman, Ph.D., Buddhist scholar and bestselling author